The School District of Palm Beach County, Florida

"Wellness Celebration"

Agenda

December 5, 2013

<u>Mission:</u> The *Wellness Promotion Policy* (2.035) creates a forum to educate the District and community partners to successfully collaborate in promoting healthier lives. With the District's ultimate goal of **improving student performance**, the direction of the *Wellness Promotion Task Force* is to encourage a proactive approach to holistically address the health, wellness, and safety for all school children and staff, parents, and the community.

- **▲** Meeting Timeline ~ (2:30 p.m. 4:30 p.m.) Board Room
- **The Color Guard, Pledge of Allegiance and National Anthem from Forest Hill Community High School** ~ (2:30 p.m. 2:40 p.m.)
- **♣** Brief Introduction & Opening Remarks ~ (2:40 p.m. 2:50 p.m.)
 - Welcoming from...
 - Paula Triana & Steve Bonino, Task Force Chairs
 - **Cheryl Alligood**, Chief Academic Officer
- **↓** Wellness Distinction ~ Recognitions and Awards ~ (2:50 p.m. 3:25 p.m.)
 - RWJF's Healthy Kids, Healthy Communities Presented by Erica Whitfield (12 minutes)
 - o Video Healthy Kids, Healthy Communities Achieving Results
 - o Coalition Members of Distinction
 - Environmental & Conservation Services Presented by Paul Strauss and Christina Davis (4 minutes)
 - o Environmental Health Advocate
 - Physical Education Presented by Eric Stern (9 minutes)
 - Outstanding Leaders in Physical Education
 - School Food Service Presented by Allison Monbleau, Magdalena Prieto and Nicole James (10 minutes)
 - USDA Best Practice -
 - Increasing Breakfast & Lunch Participation
 - Fiscal Management
 - o Fresh Fruit and Vegetable Program
 - o The OrganWise Guys Program
 - o Florida School Breakfast Week
- **Lesson Speaker...** ~ **(3:25 p.m. 3:45 p.m.)** Presented by Paula Triana
 - Brian Sheen PhD The Celebration of Wellness!
- **↓** Wellness Distinction ~ Recognitions and Awards ~ (3:45 p.m. 4:15 p.m.)
 - Student Intervention Services Presented by Ellen Van Arsdale and Cathy Burns (5 minutes)
 - o Outstanding Wellness Advocate
 - o *Outstanding Community Partners*

- Choice & Career Options Presented by Miguel Benavente and Liz Shapiro (11 minutes)
 - o Outstanding Partners in Education Awards
- Employee Wellness Presented by Kim Sandmaier and Donna Winter (14 minutes)
 - Wellness Success Story ~
 - Isabella Griner, 5th Grader at Equestrian Trails Elementary
 - Cynthia Callahan, Teacher at Jeaga Middle
 - o Video Recognition of Wellness Champions
 - o Healthy School/Well Workplace Awards from Citibank
 - Presented by Tracey Mularchyk, Relationship Manager
 - o Video Best of "Apple a Day 2013"
- **↓** <u>Lifetime Achievement Distinction ~ Recognition and Award</u> ~ (4:15 p.m. 4:25 p.m.)
 - Presented by Steve Bonino & Paula Triana
- **↓** Wellness Final Remarks... Steve Bonino ~ (4:25 p.m. 4:30 p.m.)
- **↓** Mardi Gras Gathering ~ (4:30 p.m. 5:30 p.m.) Courtyard
 - Hors d'oeuvres provided by Chef Thomas, Chef Ben, Chef John...
 - Entertainment at Courtyard and Main Board Room:
 - o Palm Springs Community Middle ~ Jazz Band
 - o Alexander W. Dreyfoos School of the Arts ~ Dancers
- **♣** FY 2013-2014 Wellness Promotion Task Force Meeting Dates:

Location: FHESC - Main Board Room

Fulton-Holland Educational Services Center - 3300 Forest Hill Boulevard West Palm Beach, FL 33406

- Wednesday, February 5, 2014 -- (8:30 a.m. 10:30 a.m.)
- Wednesday, April 9, 2014 -- (8:30 a.m. 10:30 a.m.)
- Thursday, May 15, 2014 -- (3:00 p.m. 5:30 p.m.)

~ Thanks for coming to this Wellness Celebration... Happy Holidays!

See you all on February 5, 2014

Please complete the **2**nd meeting's **"SurveyMonkey"** that will be emailed to you soon.

Thank you to all the supporters, sponsors and donors of this event!

Door prizes will be given at and throughout this event and will be conducted by The Education Foundation of Palm Beach County, Inc., located at: 3300 Forest Hill Blvd., Bldg. E #50-116, West Palm Beach, Florida 33406. One ticket per person will be provided with the agenda upon entry and sign-in. The person must be present at the time of the random drawing to receive the prize. Funds for the prizes were donations from community partners and vendors. As some of these prizes were provided by vendors, District "reporting individuals" need to follow the Ethics Code and any other statutory requirements if a prize is won, including to determine if the prize can be accepted. No purchase or contribution is necessary to win. All door prizes are given as is with no warranty and the District and Foundation will not be responsible for any issues arising related to the prize, including any damage or injury. The prize must be accepted as awarded and no substitution of the prize is permitted nor will any cash equivalent be paid.